BODY
SOUL
&
SPIRIT

1 Thessalonians 5:23
BODY, SOUL, SPIRIT

A Study guide for Leaders in the Body of Christ

BY TIMOTHY II
BODY - SOUL - SPIRIT

INTRODUCTION:

Man is a Triune being, made up of a Body, Soul and Spirit. (Genesis 2:7)
Since the fall of man in the Garden of Eden, the spirit of man has become ‘dead’ to the Spiritual things of God. (Genesis 2:17)
As a result, the ‘natural’ man cannot understand the things of God. (1 Corinthians 2:14)
The only way this can be changed, is for a person to invite Jesus Christ into their heart as their Lord and Savior and become ‘born again’. (John 3:3-6)
Then the ‘Spirit of God’ will once again make alive the ‘spirit of man’.

This Study Guide has been developed to help people to better understand the difference between the Body, Soul and Spirit, and the function of each.
This will help us in our Christian walk, by teaching us how and where the enemy likes to attack us, thereby, enabling us to resist him. (James 4:7)

THE NATURAL MAN:

The Natural Man is controlled entirely by his Ego, which rules upon the throne of his body. God is on the outside of this person. Therefore all of his decisions are ruled by the flesh (BODY).
**THE BIBLE TEACHES:**

1 Cor 2:14  
14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

1 Pet 2:11  
11 Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul;

Rom 8:13  
13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

Rom 8:9  
9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Rom 8:8  
8 So then they that are in the flesh cannot please God.

Gal 5:19-21  
19 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,

20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,

21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.

Gal 5:24  
24 And they that are Christ's have crucified the flesh with the affections and lusts.

**THE CARNAL CHRISTIAN:**

The Carnal Christian is a person who prays the ‘Sinner’s Prayer’, and invites Jesus Christ into his/her heart. (Romans 10: 9,10).

God moves into their soul, but because they haven’t yet made Him their Lord; they keep their Ego on the throne, so that their heart, mind, and emotions, are still controlled by their Ego and not God.

This causes much confusion, and is like having one foot in Heaven and one foot in Hell.

**SOUL (PSUCHE)**

![Diagram of Soul with God, Ego, Heart, Mind, Emotions]

**THE BIBLE TEACHES:**
(How to know if you are Carnal)

1 Cor 3:3
3 For ye are yet carnal: for whereas there is among you envying, and strife, and divisions, are ye not carnal, and walk as men?

THE BIBLE TEACHES:

( How to know that you are not Carnal)

1 Pet 1:22
22 Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:

THE BIBLE WARNS:

( That you may not be Saved)

Rom 8:6-7
6 For to be carnally minded is death; but to be spiritually minded is life and peace.
7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

(Even though you have prayed the ‘Sinner’s Prayer’)

Luke 8:11-14
11 Now the parable is this: The seed is the word of God.
12 Those by the way side are they that hear; then cometh the devil, and taketh away the word out of their hearts, lest they should believe and be saved.
13 They on the rock are they, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away.
14 And that which fell among thorns are they, which, when they have heard, go forth, and are choked with cares and riches and pleasures of this life, and bring no fruit to perfection.

THE MATURING CHRISTIAN:

The Maturing Christian is one who puts God on the throne of his life, and as much as possible, doesn’t allow his/her ego to dominate them. However, there is still a constant battle going on for control of their lives.
THE BIBLE TEACHES:

Gal 5:16
16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

Gal 5:25
25 If we live in the Spirit, let us also walk in the Spirit.

Rom 8:14
14 For as many as are led by the Spirit of God, they are the sons of God.

Gal 5:18
18 But if ye be led of the Spirit, ye are not under the law.

THE WAR BETWEEN THE FLESH AND THE SPIRIT:

Rom 8:1
1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

Rom 8:4-5
4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.
5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

Rom 8:9
9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Gal 6:8
8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Gal 5:17
17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.

(The Answer)

Rom 7:25
I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

**SALVATION OF THE BODY:**

Rom 12:1  
1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

1 Cor 6:19-20  
19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?  
20 For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

Rom 8:13  
13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

Rom 8:10  
10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

**SALVATION OF THE MIND:**

Rom 12:2  
2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Eph 4:23  
23 And be renewed in the spirit of your mind;

Eph 6:17  
17 And take the helmet of salvation, (To protect your mind - Isaiah 12: 2)

Rom 7:23-24  
23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.  
24 O wretched man that I am! who shall deliver me from the body of this death?

(The answer)

Rom 7:25  
25 I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

**THE HOLY GHOST - SPIRIT FILLED CHRISTIAN:**
The Christian who is ‘Filled’ with the Holy Ghost (Spirit) (Acts 1:5), although he/she may sin occasionally, have a better chance of not sinning presumptuously (Psalms 19:13) nor wilfully (Hebrews 10:26); because of the ‘Power’ that comes with the ‘Baptism of the Holy Ghost’ (Acts 1:8).

The ‘Charisma Gifts’ that come with the ‘Baptism of the Holy Ghost’, and those we might receive thereafter (1Corinthians 12:7-11), gives us the ability to ‘serve others’ in a more powerful and dramatic way. Therefore, our focus becomes more directed toward others rather than on ourselves.

The ‘Spirit Filled Christian’ has his/her ‘ego’ taken out of their lives through “His” Power.

**HOLY GHOST (SPIRIT) – (HAGIOS PNUEMA)**

**JESUS WAS FILLED WITH THE HOLY GHOST (SPIRIT):**

Luke 4:1
1 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness,

**OTHERS THAT WERE FILLED WITH THE HOLY GHOST (SPIRIT):**

(Deacons)

Acts 6:3
3 Wherefore, brethren, look ye out among you seven men of honest report, full of the Holy Ghost and wisdom, whom we may appoint over this business.

(Stephen)

Acts 6:5
5 And the saying pleased the whole multitude: and they chose Stephen, a man full of faith and of the Holy Ghost, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas a proselyte of Antioch:

Acts 7:55
55 But he, being full of the Holy Ghost, looked up stedfastly into heaven, and saw the glory of God, and Jesus standing on the right hand of God,

(Barnabas)

Acts 11:22
22 Then tidings of these things came unto the ears of the church which was in Jerusalem: and they sent forth Barnabas, that he should go as far as Antioch.

Acts 11:24
24 For he was a good man, and full of the Holy Ghost and of faith: and much people was added unto the Lord.

(John)

Luke 1:13
13 But the angel said unto him, Fear not, Zacharias: for thy prayer is heard; and thy wife Elisabeth shall bear thee a son, and thou shalt call his name John.

Luke 1:15
15 For he shall be great in the sight of the Lord, and shall drink neither wine nor strong drink; and he shall be filled with the Holy Ghost, even from his mother's womb.

(Elisabeth)

Luke 1:41
41 And it came to pass, that, when Elisabeth heard the salutation of Mary, the babe leaped in her womb; and Elisabeth was filled with the Holy Ghost:

(Zacharias)

Luke 1:67
67 And his father Zacharias was filled with the Holy Ghost, and prophesied, saying,

(The Disciples)

Acts 2:1-4
1 And when the day of Pentecost was fully come, they were all with one accord in one place.
2 And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the house where they were sitting.
3 And there appeared unto them cloven tongues like as of fire, and it sat upon each of them.  
4 And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.

(Peter)

**Acts 4:8**  
8 Then Peter, filled with the Holy Ghost, said unto them, Ye rulers of the people, and elders of Israel,

(A Company)

**Acts 4:23**  
23 And being let go, they went to their own company, and reported all that the chief priests and elders had said unto them.

**Acts 4:31**  
31 And when they had prayed, the place was shaken where they were assembled together; and they were all filled with the Holy Ghost, and they spake the word of God with boldness.

(Saul/Paul)

**Acts 9:17**  
17 And Ananias went his way, and entered into the house; and putting his hands on him said, Brother Saul, the Lord, even Jesus, that appeared unto thee in the way as thou camest, hath sent me, that thou mightest receive thy sight, and be filled with the Holy Ghost.

**Acts 13:9**  
9 Then Saul, (who also is called Paul,) filled with the Holy Ghost, set his eyes on him,

(The Gentiles)

**Eph 3:8**  
8 Unto me, who am less than the least of all saints, is this grace given, that I should preach among the Gentiles the unsearchable riches of Christ;

**Eph 3:19**  
19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

(The Saints)

**Eph 5:3**  
3 But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints;
Eph 5:18
18 And be not drunk with wine, wherein is excess; but be filled with the Spirit;

CONCLUSION:

Our prayer is that as you understand the difference between the Body, Soul and Spirit, you will become more knowledgeable on how to preserve them blameless until the Lord Jesus Christ returns.

1Thes 5:23
23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

Notice the order of the three:

‘The spirit’ is first in order, which will become ‘the Spirit’ when we invite Jesus Christ into our hearts as our ‘Lord’ and Savior.
When we become ‘born again’, the Holy Spirit comes into our hearts, and our spirit man becomes renewed. (Titus 3:5)
If we will ‘walk’ in the Spirit and are ‘lead’ of the Spirit, we will have much less trouble with the ‘Soul’ and the ‘Body’.

The ‘Soul’ is second in order, which is made up of our minds, hearts, emotions, etc.; which is where most of our battles take place.

The ‘Body’ is last in order, which we all know is where the ‘lust of the flesh’ takes place.

At the Judgement seat of Christ (2 Corinthians 5:10), Jesus who is the ‘Word of God’ (John 1:1), will divide our Soul man from our Spirit man, in order to discern what the ‘thoughts and intents’ of our Hearts are; thus revealing what our motives are in all that we have done on earth!

Heb 4:12
12 For the word of God (Logos - Jesus) is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and (He) is a discerner of the thoughts and intents of the heart.

There may be ‘many surprises’ in that day!

Matt 7:21-23
21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.
22 Many will say to me in that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works?
23 And then will I profess unto them, I never knew you: depart from me, ye that work iniquity.

THE END

TIMOTHY II

BIBLIOGRAPHY
ACKNOWLEDGMENT:

Text:
The Holy Bible
Authorized (King James) Version
Produced By:
The National Bible Press - Philadelphia
Copyright 1944, National Publishing Company

Comments:
This text has been used as the source for all scriptures.
Some verses of scripture have been shortened or used in partial form.
This is to strengthen their importance to the subject matter; not to change their meaning nor meant to be taken out of the context in which they are written.

Text:
Webster's New American Dictionary
Produced By:
Copyright 1965, By Books, Inc.

Comments:
The Dictionary is used to help clarify our understanding of what certain words mean in today's English language.

Vine’s Expository Dictionary of New Testament Words
By:
W.E. Vine, M.A.
MacDonald Publishing Company
McLean, Virginia 22101

Strong’s Exhaustive Concordance of the Bible
By:
James Strong, S.T.D., LL.D.
Riverside Book and Bible House
Iowa Falls, Iowa 50126